



SALEM R-80 SCHOOLS LUNCH MENU K-5

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ CHICKEN SANDWICH TATOR TOTS TOSSED SALAD APPLESAUCE LOW FAT MILK	2 CHICKEN NUGGETS RICE PILAF CORN GRAPE TOMATOES DICED PEACHES LOW FAT MILK	3 TURKEY DELI SUB SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS FRUIT COCKTAIL LOW FAT MILK	4 PIZZA SMUCKERS UNCRUSTABLES TOSSED SALAD CARROTEENIE'S GRAPES COOKIE LOW FAT MILK
7 <i>Happy Labor Day!!</i> 	8 HOT DOG ON BUN VEGETARIAN BEANS OVEN FRIES APPLESAUCE LOW FAT MILK	9 TACO SALAD SALSA DICED PEACHES LOW FAT MILK	10 HOT HAM & CHEESE ON BUN SWEET POTATO TOTS TOSSED SALAD FRUIT COCKTAIL LOW FAT MILK	11 PIZZA SMUCKERS UNCRUSTABLES CARROTEENIE'S TOSSED SALAD GRAPES COOKIE LOW FAT MILK
14 BEACON STREET BREAD STICK ROTINI STEAMED BROCCOLI PIZZA SAUCE DICED PEACHES LOW FAT MILK	15 CHICKEN TENDERS HOT ROLL AU GRATIN POTATOES MIXED VEGETABLES ORANGES LOW FAT MILK	16 SLOPPY JOE ON BUN VEGETARIAN BEANS TRI POTATO APPLE SLICES LOW FAT MILK	17 ORANGE CHICKEN RICE BOWL STEAMED CARROTS FRESH BROCCOLI PINEAPPLE LOW FAT MILK	18 PIZZA SMUCKERS UNCRUSTABLES GRAPES CARROTEENIE'S TOSSED SALAD COOKIE LOW FAT MILK
21 BBQ RIB ON BUN BAKED BEANS TATOR TOTS APPLE SLICES LOW FAT MILK	22 CHICKEN PATTY ON BUN POTATO SMILES SHREDDED ROMAINE TOMATO SLICES ORANGES LOW FAT MILK	23 BBQ CHICKEN NACHO'S REFRIED BEANS TOSSED SALAD APPLE SLICES LOW FAT MILK	24 MINI CORN POP DOGS SWEET POTATO FRIES PEAS & CARROTS PEACHES LOW FAT MILK	25 PIZZA SMUCKERS UNCRUSTABLES TOSSED SALAD CARROTEENIE'S GRAPES COOKIE LOW FAT MILK
28 HAMBURGER ON BUN TATOR TOTS SHREDDED ROMAINE TOMATO SLICES ORANGES LOW FAT MILK	29 CHICKEN NUGGETS BROWN RICE PILAF STEAMED CARROTS FRESH VEGETABLES STRAWBERRY CUP LOW FAT MILK	30 DELI WRAP SUN CHIPS SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS APPLE SLICES LOW FAT MILK		

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ALL GRAINS ARE WHOLE GRAIN RICH