

SALEM R-80 HIGH SCHOOL LUNCH 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ CHICKEN SANDWICH TATOR TOTS TOSSED SALAD BANANA APPLESAUCE LOW FAT MILK	2 CHICKEN NUGGETS RICE PILAF CORN FRESH VEGETABLES ORANGES PINEAPPLE LOW FAT MILK	3 TURKEY DELI SUB SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS FRESH VEGETABLES SUN CHIPS FRUIT COCKTAIL BANANA LOW FAT MILK	4 CHEESEBURGER BIG DADDY'S PIZZA OVEN FRIES SHREDDED ROMAINE TOMATO SLICES FRESH VEGETABLES GRAPES / PEACHES COOKIE LOW FAT MILK
7 Labor Day	8 HOT DOG ON BUN VEGETARIAN BEANS OVEN FRIES FRUIT COCKTAIL APPLE SLICES LOW FAT MILK	9 TACO SALAD REFRIED BEANS SALSA FRESH VEGETABLES PEACHES BANANA LOW FAT MILK	10 HOT HAM & CHEESE ON BUN SWEET POTATO TOTS TOSSED SALAD FRUIT COCKTAIL FRESH FRUIT LOW FAT MILK	11 HAMBURGER ON BUN BIG DADDY'S PIZZA OVEN FRIES SHREDDED ROMAINE TOMATO SLICES FRESH VEGETABLES GRAPES / PEACHES COOKIE LOW FAT MILK
14 BEACON STREET BREAD STICK ROTINI STEAMED BROCCOLI PIZZA SAUCE FRESH VEGETABLES DICED PEACHES FRESH FRUIT LOW FAT MILK	15 CHICKEN TENDERS AU GRATIN POTATOES SCHOOL MADE ROLL MIXED VEGETABLES PINEAPPLE ORANGES LOW FAT MILK	16 SLOPPY JOE ON BUN TRI POTATO'S VEGETARIAN BEANS FRESH FRUIT PEARS LOW FAT MILK	17 ORANGE CHICKEN RICE BOWL STEAMED CARROTS TOSSED SALAD PINEAPPLE BANANA LOW FAT MILK	18 CHEESEBURGER BIG DADDY'S PIZZA OVEN FRIES SHREDDED ROMAINE TOMATO SLICES BABY CARROTS GRAPES / PEACHES COOKIE LOW FAT MILK
21 BBQ RIB ON BUN BAKED BEANS TATOR TOTS FRESH FRUIT FRUIT COCKTAIL LOW FAT MILK	22 CHICKEN PATTY ON BUN POTATO SMILES SHREDDED ROMAINE TOMATO SLICES FRESH VEGETABLES ORANGES APPLESAUCE LOW FAT MILK	23 BBQ CHICKEN NACHO'S REFRIED BEANS TOSSED SALAD MANDARIN ORANGES FRESH FRUIT LOW FAT MILK	24 MINI CORN POP DOGS SWEET POTATO FRIES PEAS & CARROTS TOSSED SALAD PEACHES FRESH APPLE	25 HAMBURGER ON BUN BIG DADDY'S PIZZA OVEN FRIES SHREDDED ROMAINE TOMATO SLICES BABY CARROTS GRAPES / PEACHES COOKIE LOW FAT MILK
28 BOSCO STICKS PIZZA SAUCE TOSSED SALAD FRESH VEGETABLES FRUIT COCKTAIL FRESH APPLE LOW FAT MILK	29 CHICKEN NUGGETS RICE PILAF STEAMED CARROTS FRESH VEGETABLES APPLESAUCE ORANGES LOW FAT MILK	30 DELI WRAP SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS FRESH VEGETABLES SUN CHIPS FRUIT COCKTAIL BANANA LOW FAT MILK		