



SALEM R-80 MIDDLE SCHOOL LUNCH 6-8

2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BBQ CHICKEN SANDWICH TATOR TOTS TOSSED SALAD APPLESAUCE LOW FAT MILK	2 CHICKEN NUGGETS RICE PILAF CORN FRESH VEGETABLES DICED PEACHES LOW FAT MILK	3 TURKEY DELI SUB SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS SUN CHIPS FRUIT COCKTAIL LOW FAT MILK	4 HAMBURGER ON BUN OVEN FRIES SHREDDED ROMAINE TOMATO SLICES GRAPES COOKIE LOW FAT MILK
7 Labor Day	8 HOT DOG ON BUN VEGETARIAN BEANS OVEN FRIES APPLESAUCE LOW FAT MILK	9 TACO SALAD SALSA DICED PEACHES FRESH VEGETABLES LOW FAT MILK	10 HOT HAM AND CHEESE ON BUN SWEET POTATO TOTS TOSSED SALAD FRUIT COCKTAIL LOW FAT MILK	11 HAMBURGER ON BUN OVEN FRIES SHREDDED ROMAINE TOMATO SLICES GRAPES COOKIE LOW FAT MILK
14 BEACON STREET BREAD STICK ROTINI STEAMED BROCCOLI PIZZA SAUCE DICED PEACHES LOW FAT MILK	15 CHICKEN TENDERS AU GRATIN POTATOES SCHOOL MADE ROLL MIXED VEGETABLES ORANGES LOW FAT MILK	16 SLOPPY JOE ON BUN VEGETARIAN BEANS TRI POTATO APPLE SLICES LOW FAT MILK	17 ORANGE CHICKEN RICE BOWL STEAMED CARROTS FRESH BROCCOLI PINEAPPLE LOW FAT MILK	18 HAMBURGER ON BUN OVEN FRIES SHREDDED ROMAINE TOMATO SLICES GRAPES COOKIE LOW FAT MILK
21 BBQ RIB ON BUN BAKED BEANS TATOR TOTS APPLE SLICES LOW FAT MILK	22 CHICKEN PATTY ON BUN POTATO SMILES SHREDDED ROMAINE TOMATO SLICES ORANGES LOW FAT MILK	23 BBQ CHICKEN NACHO'S TOSSED SALAD REFRIED BEANS FRUIT COCKTAIL LOW FAT MILK	24 MINI CORN POP DOGS SWEET POTATO FRIES PEAS & CARROTS PEACHES LOW FAT MILK	25 HAMBURGER ON BUN OVEN FRIES SHREDDED ROMAINE TOMATO SLICES GRAPES COOKIE LOW FAT MILK
28 BOSCO STICKS PIZZA SAUCE TOSSED SALAD FRESH VEGETABLES FRUIT COCKTAIL LOW FAT MILK	29 CHICKEN NUGGETS RICE PILAF STEAMED CARROTS FRESH VEGETABLES APPLESAUCE LOW FAT MILK	30 DELI WRAP SUN CHIPS SHREDDED ROMAINE TOMATO SLICES VEGETARIAN BEANS FRESH FRUIT LOW FAT MILK		

This institution is an equal opportunity provider.

ALL GRAINS ARE WHOLE GRAIN RICH