



SALEM R-80 BREAKFAST MENU K-12

2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 YOGURT SCOOBY DOO GRAHAMS CEREAL-VARIETY DICED PEACHES JUICE LOW FAT MILK	2 SCRAMBLED EGGS TOAST SALSA CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK	3 PANCAKES SAUSAGE CEREAL-VARIETY GRAHAM CRACKERS WARM APPLES JUICE LOW FAT MILK	4 BISCUITS & GRAVY CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK
7 	8 SAUSAGE BREAKFAST BITES CEREAL-VARIETY GRAHAM CRACKERS FRUIT COCKTAIL JUICE LOW FAT MILK	9 BANANA BREAD CEREAL-VARIETY GRAHAM CRACKERS APPLE SLICES JUICE LOW FAT MILK	10 CHEESE OMELET SALSA TOAST CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK	11 BISCUITS & GRAVY CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK
14 HONEY BUN CEREAL-VARIETY GRAHAM CRACKERS APPLESAUCE JUICE LOW FAT MILK	15 YOGURT SCOOBY DOO GRAHAMS CEREAL-VARIETY DICED PEACHES JUICE LOW FAT MILK	16 CINNAMON ROLL CEREAL-VARIETY GRAHAM CRACKERS FRESH APPLE JUICE LOW FAT MILK	17 BREAKFAST BURRITO SALSA CEREAL-VARIETY GRAHAM CRACKERS FRUIT COCKTAIL JUICE LOW FAT MILK	18 BISCUITS & GRAVY CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK
21 BLUEBERRY MUFFIN CEREAL-VARIETY GRAHAM CRACKERS FRUIT COCKTAIL JUICE LOW FAT MILK	22 PARFAIT GRANOLA CEREAL-VARIETY GRAHAM CRACKERS APPLE SLICES JUICE LOW FAT MILK	23 OATMEAL CEREAL-VARIETY CINNAMON TOAST RAISINS JUICE LOW FAT MILK	24 FRENCH TOAST STICKS CEREAL-VARIETY GRAHAM CRACKERS WARM APPLES JUICE LOW FAT MILK	25 BISCUITS & GRAVY CEREAL-VARIETY GRAHAM CRACKERS FRESH FRUIT JUICE LOW FAT MILK
28 PANCAKE SAUSAGE ON STICK CEREAL-VARIETY GRAHAM CRACKERS FRESH APPLE JUICE LOW FAT MILK	29 YOGURT SCOOBY DOO GRAHAMS CEREAL-VARIETY DICED PEACHES JUICE LOW FAT MILK	3 SCRAMBLED EGGS TOAST SALSA CEREAL-VARIETY GRAHAM CRACKERS PINEAPPLE JUICE LOW FAT MILK		

This institution is an equal opportunity provider.

ALL GRAINS ARE WHOLE GRAIN RICH

GRAB N' GO CHOICES AVAILABLE AT MIDDLE AND HIGH SCHOOL

K – 1 SACK-BREAKFAST ONLY