



Monday

Tuesday

Wednesday

Thursday

Friday



 **WINTER BREAK** 1

4
PIZZA
CEREAL-VARIETY
GRAHAM CRACKERS
PINEAPPLE
JUICE
LOW FAT MILK

5
SCRAMBLED EGGS
TOAST
CEREAL-VARIETY
GRAHAM CRACKERS
PEACHES
JUICE
LOW FAT MILK

6
DONUT
CEREAL-VARIETY
GRAHAM CRACKERS
APPLESAUCE
JUICE
LOW FAT MILK

7
OATMEAL
CINNAMON TOAST
CEREAL-VARIETY
GRAHAM CRACKERS
DRIED CRANBERRIES
JUICE
LOW FAT MILK

8
BISCUIT & GRAVY
CEREAL-VARIETY
GRAHAM CRACKERS
FRESH FRUIT
JUICE
LOW FAT MILK

11
FRENCH TOAST STICKS
CEREAL-VARIETY
GRAHAM CRACKERS
APPLE SLICES
JUICE
LOW FAT MILK

12
PARFAIT
CEREAL-VARIETY
GRAHAM CRACKERS
FRUIT COCKTAIL
JUICE
LOW FAT MILK

13
PANCAKES
SAUSAGE
CEREAL-VARIETY
GRAHAM CRACKERS
WARM APPLES
JUICE
LOW FAT MILK

14
BANANA BREAD SQUARES
CEREAL-VARIETY
GRAHAM CRACKERS
FRUIT COCKTAIL
JUICE
LOW FAT MILK

15
BISCUIT & GRAVY
CEREAL-VARIETY
GRAHAM CRACKERS
FRESH FRUIT
JUICE
LOW FAT MILK

18


19
YOGURT
SCOOBY DOO GRAHAM STICKS
CEREAL-VARIETY
PEACHES
JUICE
LOW FAT MILK

20
CHEESE OMELET
TOAST
CEREAL-VARIETY
GRAHAM CRACKERS
FRESH FRUIT
JUICE
LOW FAT MILK

21
CINNAMON ROLL
CEREAL-VARIETY
GRAHAM CRACKERS
APPLESAUCE
JUICE
LOW FAT MILK

22
BISCUIT & GRAVY
CEREAL-VARIETY
GRAHAM CRACKERS
FRESH FRUIT
JUICE
LOW FAT MILK

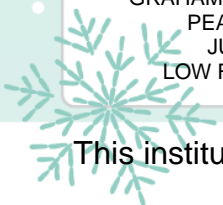
25
SAUSAGE BREAKFAST BITES
CEREAL-VARIETY
GRAHAM CRACKERS
PEACHES
JUICE
LOW FAT MILK

26
PARFAIT
CEREAL-VARIETY
GRAHAM CRACKERS
FRUIT COCKTAIL
JUICE
LOW FAT MILK

27
SCRAMBLED EGGS
TOAST
CEREAL-VARIETY
GRAHAM CRACKERS
APPLE SLICES
JUICE
LOW FAT MILK

28
FRENCH TOAST STICKS
CEREAL-VARIETY
GRAHAM CRACKERS
WARM APPLES
JUICE
LOW FAT MILK

29
BISCUIT & GRAVY
CEREAL-VARIETY
GRAHAM CRACKERS
FRESH FRUIT
JUICE
LOW FAT MILK



This institution is an equal opportunity provider.

ALL GRAINS ARE WHOLE GRAIN RICH

GRAB N'GO CHOICES AVAILABLE AT HIGH SCHOOL
K-1 AND MIDDLE SCHOOL SACK BREAKFAST ONLY